

---

---

---

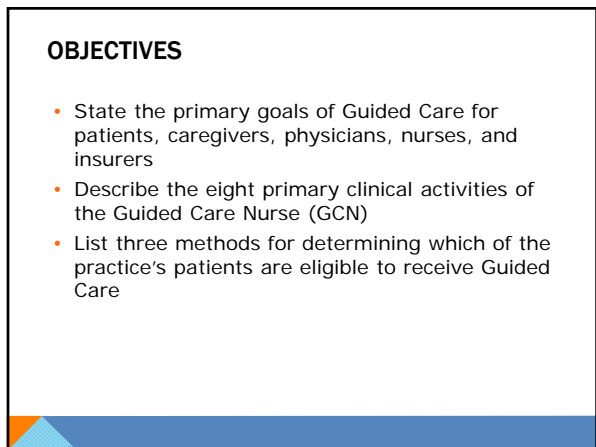
---

---

---

---

---



---

---

---

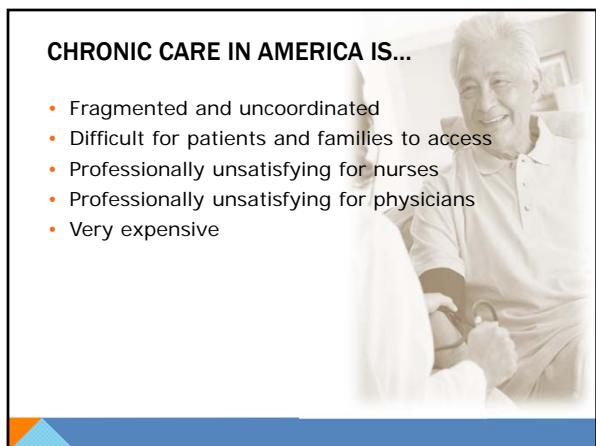
---

---

---

---

---



---

---

---

---

---

---

---

---

### PRIMARY GOALS OF GUIDED CARE

To make chronic care

- Patient-centered *reflecting patient preferences*
- Accessible *to enhance timeliness*
- Coordinated *to reduce duplication, confusion*
- Supportive of caregivers *to reduce strain*
- Satisfying to nurses/physicians *to promote retention*
- Efficient *to reduce expenditures for unnecessary services*

---

---

---

---

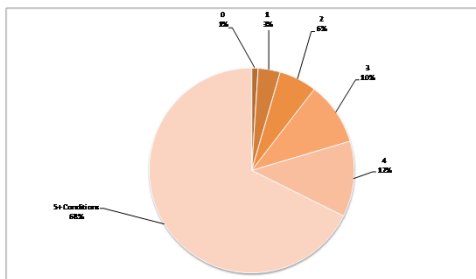
---

---

---

---

### MEDICARE SPENDING BY NUMBER OF CHRONIC CONDITIONS



---

---

---

---

---

---

---

---

### DEFINITION

Guided Care is evidence-based, comprehensive, coordinated, proactive, longitudinal, patient-centered health care for patients with several chronic conditions.



---

---

---

---

---

---

---

---

**WHO PROVIDES GUIDED CARE?**

A team consisting of a primary care provider, a registered nurse, and members of a primary care office staff.

**WHO RECEIVES GUIDED CARE?**

Patients with several chronic conditions who require complex health care.

---

---

---

---

---

---

---

---

**WHAT DOES THE NURSE DO?**

- Assesses needs and preferences
- Creates an evidence-based "care guide" and "action plan"
- Monitors patients proactively
- Supports chronic disease self-management
- Coordinates the patient's providers
- Smooths transitions between sites of care
- Educates and supports caregivers
- Facilitates access to community services

---

---

---

---

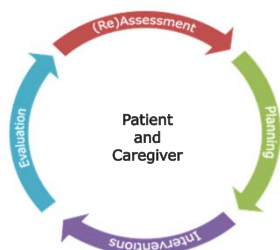
---

---

---

---

**THE NURSING PROCESS**



---

---

---

---


---

---

---

---

### ASSESSMENT IN GUIDED CARE



Of Patient

- Initial health assessment
- Condition-specific assessment

Of Caregiver

- Caregiver Assessment

---

---

---

---


---

---

---

---

### PLANNING IN GUIDED CARE



With Primary Care Provider

- Preliminary Care Guide

With Patient and Caregiver

- Care Guide Action Plan

---

---

---

---


---

---

---

---

### INTERVENTIONS IN GUIDED CARE



With Patient

- Monitoring and coaching
- Motivational interviewing
- Coordinating care
- Smoothing transitions of care
- Accessing community devices
- Triaging new issues/concerns

With Caregiver

- Supporting caregivers
- Motivational interviewing

---

---

---

---

---

---

---

---

### EVALUATION IN GUIDED CARE



- With Patient
- Monitoring and coaching
  - Updated Care Guide and Action Plan

---

---

---

---

---

---

---

---

### HOW ARE PATIENTS CHOSEN?

- Risk score
- Primary care provider's clinical judgment
- Patient survey



---

---

---

---

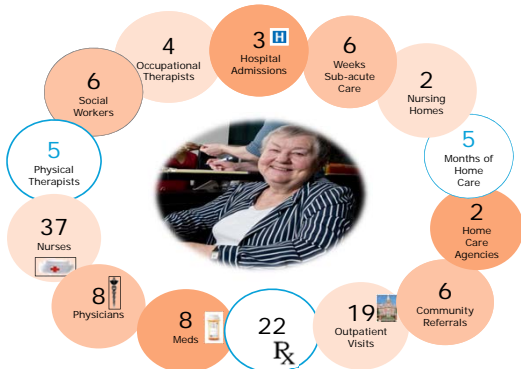
---

---

---

---

### A YEAR IN THE LIFE OF A PATIENT...



---

---

---

---

---

---

---

---

### PARTNERSHIP

Throughout the eight activities of Guided Care, the nurse works in close collaboration with the primary care provider and office staff.



---

---

---

---

---

---

---

---

### SUMMARY

- Guided Care is comprehensive health care provided by a nurse-physician team for high-risk patients of primary care practices.
- Patients are selected to receive Guided Care if they have several chronic conditions.
- The Guided Care nurse, based at the primary care practice, works closely with the primary care providers to deliver 8 services to a case load of 50-60 patients.

---

---

---

---

---

---

---

---



You have completed this module. Please close this browser window by clicking the X at the top right.



---

---

---

---

---

---

---

---